

|                                | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|--------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| <b>Fri - 05/01/2015</b>        |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Menu H - Lunch 9-12            | Total        | 26        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Chimichanga,Beef/Chili/Cheese  | Half portion | 13        | 244         | 27          | 423       | 1.26      | 1.53      | 155.1      | 847        | 4.18       | *0         | 9.67      | 21.13    | 12.91     | 5.26      | *0.00                   |
| NACHOS W/GROUND BEEF-3oz,90-10 | 3 OZ         | 13        | 92          | 12          | 166       | 0.73      | 0.54      | 115.8      | 323        | 0.17       | *1         | 6.12      | 7.59     | 4.41      | 1.66      | *0.00                   |
| PINTO BEANS, .5-cup            | .5 CUP       | 13        | 134         | 0           | 15        | 5.98      | 1.99      | 50.3       | 0          | 2.43       | *1         | 8.27      | 24.14    | 0.47      | 0.09      | *N/A*                   |
| CALABASITAS                    | 1/2 Cup      | 13        | 111         | 9           | 156       | 2.67      | 0.78      | 94.0       | 265        | 18.96      | *3         | 4.83      | 14.42    | 4.54      | 2.27      | *N/A*                   |
| CRACKER, WHEAT, 7 GRAM         | PACK (2)     | 13        | 70          | 0           | 120       | *N/A*     | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | *N/A*     | 10.0     | 2.0       | 0.00      | *N/A*                   |
| PEARS DICED,CND                | 1 CUP        | 26        | 109         | 0           | 9         | 3.63      | 0.65      | 0.0        | 0          | 2.18       | *N/A*      | 0.0       | 25.4     | 0.0       | 0.00      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT    | 13        | 80          | 4           | 125       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
| MILK, FF SKIM,CHOCOLATEVit A/D | HALF PINT    | 13        | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average         |              |           | 534         | 29          | 601       | *8.95     | *3.25     | *507.6     | *1217      | *16.85     | *3         | *22.94    | 80.04    | 12.17     | 4.63      | *0.00                   |
| % of Calories                  |              |           |             |             |           |           |           |            |            |            | *2.2%      | *17.2%    | 60.0%    | 20.5%     | 7.8%      | *0.0%                   |
| Nutrient Guideline             |              |           | 750-850     |             | 1420      |           |           |            |            |            |            | 2.00      |          | <=30.0    | <10.00    |                         |

|                                 |           |    |         |     |      |        |       |        |      |         |        |        |        |        |        |       |
|---------------------------------|-----------|----|---------|-----|------|--------|-------|--------|------|---------|--------|--------|--------|--------|--------|-------|
| <b>Mon - 05/04/2015</b>         |           |    |         |     |      |        |       |        |      |         |        |        |        |        |        |       |
| Menu H - Lunch 9-12             | Total     | 26 |         |     |      |        |       |        |      |         |        |        |        |        |        |       |
| Grilled ChickSandwich,W/W,3 oz  | SANDWIC   | 13 | 118     | *0  | 145  | *0.00  | *1.08 | *15.0  | 17   | *0.0    | *N/A*  | *3.75  | *18.75 | 3.86   | 0.42   | *0.25 |
| TUNA SALAD SANDWICH             | SERVINGS  | 13 | 349     | 32  | 819  | 4.56   | 2.19  | 21.4   | 152  | 1.29    | *3     | 24.36  | 35.4   | 14.15  | 1.27   | *0.03 |
| Tomatoes, Cherry, .5 cup        | .5 CUP    | 26 | 27      | 0   | 7    | 2.00   | 0.36  | 10.0   | 1250 | 19.2    | *N/A*  | 1.0    | 6.0    | 0.0    | 0.00   | *N/A* |
| TATER TOTS,ROUNDS: 1/2 CU P/8ea | 1/2 CUP   | 26 | 122     | 0   | 251  | 1.52   | 0.55  | 0.0    | 8    | 2.74    | *N/A*  | 1.52   | 15.24  | 6.1    | 1.52   | 0.00  |
| KIWI-1 CUP                      | 1 CUP     | 26 | 110     | 0   | 5    | 5.40   | 0.56  | 61.2   | 157  | 166.86  | 16     | 2.05   | 26.39  | 0.94   | 0.04   | *N/A* |
| MILK, FAT FREE SKIM, w/VIT A &  | HALF-PINT | 13 | 80      | 4   | 125  | 0.00   | 0.00  | 300.0  | 500  | 2.4     | *N/A*  | 9.0    | 12.0   | 0.0    | 0.00   | 0.00  |
| MILK, FF SKIM,CHOCOLATEVit A/D  | HALF PINT | 13 | 120     | 5   | 180  | 0.00   | 0.36  | 300.0  | 500  | 1.2     | *N/A*  | 8.0    | 20.0   | 0.0    | 0.00   | 0.00  |
| Weighted Daily Average          |           |    | 592     | *21 | 899  | *11.20 | *3.28 | *389.4 | 1999 | *191.25 | *18    | *27.13 | *90.70 | 16.04  | 2.41   | *0.14 |
| % of Calories                   |           |    |         |     |      |        |       |        |      |         | *12.1% | *18.3% | *61.3% | 24.4%  | 3.7%   | *0.2% |
| Nutrient Guideline              |           |    | 750-850 |     | 1420 |        |       |        |      |         |        | 2.00   |        | <=30.0 | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

|   | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 05/05/2015  |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Menu H - Lunch 9-12   | Total        | 26        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| GREEN CHILE CHICK ENCH,M-2,1GN                                | SERVING      | 13        | 339         | 66          | 951       | 2.66      | 0.80      | *213.7     | 805        | 14.11      | *0         | 18.93     | 24.38    | 18.09     | 7.04      | *0.00                   |
| TAMALE, PORK  | TAMALE       | 13        | 360         | 50          | 910       | 3.00      | 1.80      | 80.0       | 1750       | 6.0        | *N/A*      | 12.0      | 27.0     | 23.0      | 8.00      | 0.00                    |
| LETTUCE & TOMATO,SHRED/DI CE,.25                              | .25 CUP      | 13        | 6           | 0           | 2         | 0.52      | 0.17      | 6.1        | 1211       | 3.55       | 1          | 0.34      | 1.26     | 0.08      | 0.01      | *N/A*                   |
| SPANISH RICE-BrownRice,1/2 cup                                | .5 CUP       | 26        | 126         | 0           | 119       | 1.68      | 0.93      | *22.9      | 329        | 11.8       | *1         | 2.76      | 23.76    | 1.91      | 0.30      | *0.00                   |
| Guacamole, Southwestern,.125oz                                | .125 oz      | 13        | 24          | 0           | 57        | 0.47      | 0.00      | 0.0        | 0          | 1.13       | *N/A*      | 0.47      | 1.42     | 2.13      | 0.24      | 0.00                    |
| SOUR CREAM  | 1 TBSP       | 13        | 58          | 15          | 59        | 0.00      | 0.16      | 38.5       | 231        | 0.24       | *0         | 1.83      | 2.05     | 4.98      | 3.02      | *0.00                   |
| REFRIED BEANS, .5 CUP   | .5 CUP       | 26        | 130         | 0           | 360       | 6.00      | 1.80      | 40.0       | 0          | 0.0        | *N/A*      | 6.0       | 24.0     | 2.0       | 0.50      | 0.00                    |
| CANTALOUPE,RAW, 1 CUP   | 1 CUP        | 26        | 54          | 0           | 26        | 1.44      | 0.34      | 14.4       | 5411       | 58.72      | 13         | 1.34      | 13.06    | 0.3       | 0.08      | *N/A*                   |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D | HALF-PINT    | 13        | 80          | 4           | 125       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
|   | HALF PINT    | 13        | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average  |              |           | 804         | 70          | 1647      | 12.45     | 4.71      | *546.5     | 8239       | 84.83      | *13        | 35.39     | 104.87   | 28.35     | 10.04     | *0.00                   |
| % of Calories   |              |           |             |             |           |           |           |            |            |            | *6.7%      | 17.6%     | 52.2%    | 31.7%     | 11.2%     | *0.0%                   |
| Nutrient Guideline  |              |           | 750-850     |             | 1420      |           |           |            |            |            |            | 2.00      |          | <=30.0    | <10.00    |                         |

|   |           |    |         |    |      |       |       |        |      |        |        |        |        |        |        |       |
|---|-----------|----|---------|----|------|-------|-------|--------|------|--------|--------|--------|--------|--------|--------|-------|
| Wed - 05/06/2015  |           |    |         |    |      |       |       |        |      |        |        |        |        |        |        |       |
| Menu H - Lunch 9-12   | Total     | 26 |         |    |      |       |       |        |      |        |        |        |        |        |        |       |
| SPAGHETTI & MeatSauceWW L OW SOD                              | 1 CUP     | 13 | 316     | 12 | 220  | 4.99  | *1.55 | *34.6  | 253  | 5.46   | *2     | 21.63  | 36.19  | 8.97   | 0.70   | *0.00 |
| CHICKEN ALFREDO w/ALFRED O BUDS                               | SERVING   | 13 | 2       | 0  | 18   | 0.00  | 0.00  | 0.0    | 100  | 4.5    | *N/A*  | *0.0   | 0.5    | 0.0    | 0.00   | *0.00 |
| BROCCOLI: Seasoned .5 CUP                                     | .5 CUP    | 26 | 26      | 0  | 10   | 2.76  | 0.56  | 30.4   | 930  | 36.89  | 1      | 2.85   | 4.92   | 0.11   | 0.01   | *N/A* |
| PEAS & CARROTS, FZ BLEND 1/2 C                                | 1/2 CUP   | 26 | 40      | 0  | 67   | 2.41  | 0.30  | 17.6   | 2011 | 4.83   | *N/A*  | 2.41   | 7.24   | 0.0    | 0.00   | *0.00 |
| STRAWBERRIES, SWEET, CUP                                      | 1 CUP     | 26 | 245     | 0  | 8    | 4.85  | 1.50  | 28.1   | 61   | 105.57 | 61     | 1.35   | 66.1   | 0.33   | 0.02   | *N/A* |
| BREADSTICKS, CHEESY GARL IC-1 S                               | 1 STICK   | 26 | 80      | 5  | 180  | 0.50  | 0.72  | 50.0   | 50   | 0.0    | *N/A*  | 2.5    | 10.0   | 3.0    | 1.00   | 0.00  |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D | HALF-PINT | 13 | 80      | 4  | 125  | 0.00  | 0.00  | 300.0  | 500  | 2.4    | *N/A*  | 9.0    | 12.0   | 0.0    | 0.00   | 0.00  |
|   | HALF PINT | 13 | 120     | 5  | 180  | 0.00  | 0.36  | 300.0  | 500  | 1.2    | *N/A*  | 8.0    | 20.0   | 0.0    | 0.00   | 0.00  |
| Weighted Daily Average  |           |    | 650     | 16 | 536  | 13.01 | *4.04 | *443.3 | 3729 | 154.07 | *64    | *28.43 | 122.60 | 7.93   | 1.38   | *0.00 |
| % of Calories   |           |    |         |    |      |       |       |        |      |        | *39.2% | *17.5% | 75.4%  | 11.0%  | 1.9%   | *0.0% |
| Nutrient Guideline  |           |    | 750-850 |    | 1420 |       |       |        |      |        |        | 2.00   |        | <=30.0 | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

|   | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calc (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---|--------------|-----------|-------------|-------------|-----------|-----------|-----------|-----------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 05/07/2015  |              |           |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| Menu H - Lunch 9-12   | Total        | 26        |             |             |           |           |           |           |            |            |            |           |          |           |           |                         |
| CHICKEN POPCORN   | 1 Each       | 13        | 250         | 25          | 720       | 2.00      | 1.08      | 20.0      | *N/A*      | *N/A*      | *N/A*      | 16.0      | 16.0     | 13.0      | 2.00      | 0.00                    |
| STEAKFINGERS  | 4 Pieces     | 13        | 359         | 56          | 801       | 0.64      | 2.23      | 10.2      | 65         | 0.03       | *N/A*      | 17.31     | 16.27    | 26.28     | 9.80      | *N/A*                   |
| MASHED POTATOES,IDAHO, .5 CUP                                 | .5 cup       | 26        | 64          | 0           | 251       | 0.80      | 0.30      | 17.9      | 84         | 2.88       | *N/A*      | 1.6       | 13.62    | 0.8       | 0.00      | *0.00                   |
| GRAVY MIX, COUNTRY, .125 CUP                                  | .125 CUP     | 26        | 21          | 0           | 138       | 0.00      | 0.17      | 0.5       | 0          | 0.0        | *N/A*      | 0.0       | 2.83     | 0.94      | 0.47      | *0.00                   |
| GREEN BEANS:Seasoned 1/2 CUP                                  | .5 CUP       | 26        | 17          | 0           | 7         | 1.33      | 0.24      | 13.8      | 133        | 0.8        | *0         | 0.67      | 2.67     | 0.0       | 0.00      | *0.00                   |
| BLUEBERRIES,FRZ,UNSWTND, CUP                                  | 1 CUP        | 26        | 79          | 0           | 2         | 4.19      | 0.28      | 12.4      | 71         | 3.88       | 13         | 0.65      | 18.86    | 0.99      | 0.08      | *N/A*                   |
| ROLLS, WHEAT, DOUGH, 1 EA WG                                  | roll         | 26        | 80          | 0           | 130       | 1.00      | 0.72      | 0.0       | 0          | 0.0        | *N/A*      | 3.0       | 15.0     | 1.0       | 0.00      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D | HALF-PINT    | 13        | 80          | 4           | 125       | 0.00      | 0.00      | 300.0     | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
|   | HALF PINT    | 13        | 120         | 5           | 180       | 0.00      | 0.36      | 300.0     | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average  |              |           | 665         | 45          | 1441      | 8.64      | 3.55      | 359.7     | *821       | *9.37      | *13        | 31.07     | 85.12    | 23.38     | 6.45      | *0.00                   |
| % of Calories   |              |           |             |             |           |           |           |           |            |            | *7.9%      | 18.7%     | 51.2%    | 31.6%     | 8.7%      | *0.0%                   |
| Nutrient Guideline  |              |           | 750-850     |             | 1420      |           |           |           |            |            |            | 2.00      |          | <=30.0    | <10.00    |                         |

|   |           |    |         |    |      |       |      |       |      |       |       |       |       |        |        |       |
|---|-----------|----|---------|----|------|-------|------|-------|------|-------|-------|-------|-------|--------|--------|-------|
| Fri - 05/08/2015  |           |    |         |    |      |       |      |       |      |       |       |       |       |        |        |       |
| Menu H - Lunch 9-12   | Total     | 26 |         |    |      |       |      |       |      |       |       |       |       |        |        |       |
| BEAR BURGER, 80/10, 2 OZ                                      | 1 EACH    | 13 | 306     | 64 | 226  | *0.00 | 2.98 | 27.6  | 0    | 0.0   | *N/A* | 22.75 | 25.0  | 13.1   | 4.36   | *N/A* |
| HOT DOG ON A BUN:turkey hot                                   | SERVING   | 13 | 258     | 61 | 979  | *0.00 | 2.48 | 80.1  | 0    | 0.0   | *N/A* | 13.1  | 25.84 | 12.04  | 3.34   | *N/A* |
| KETCHUP: individual   | PC packet | 13 | 6       | 0  | 65   | 0.00  | 0.00 | 0.0   | 100  | 1.2   | *N/A* | 0.0   | 1.0   | 0.0    | 0.00   | *N/A* |
| MUSTARD, PC   | PC packet | 13 | 3       | 0  | 56   | 0.05  | 0.09 | 3.8   | 0    | 0.0   | *N/A* | 0.21  | 0.29  | 0.2    | 0.01   | *N/A* |
| MAYO PC   | PC        | 13 | 66      | 6  | 47   | 0.01  | 0.02 | 1.0   | 10   | 0.01  | *N/A* | 0.11  | 0.31  | 7.15   | 1.10   | *N/A* |
| SWEET POTATO FRIES, 1/2 CUP                                   | .5 CUP    | 26 | 202     | 0  | 189  | 4.05  | 0.48 | 27.0  | 7563 | 12.14 | *N/A* | 2.7   | 31.05 | 8.1    | 2.02   | *N/A* |
| JICAMA, SLICES, .5 CUP  | .5 CUP    | 26 | 23      | 0  | 3    | 2.00  | 0.36 | 0.0   | 0    | 12.0  | *N/A* | 0.5   | 5.5   | 0.0    | 0.00   | 0.00  |
| GRAPES,Fresh, 1 cup   | 1 CUP     | 26 | 62      | 0  | 2    | 0.83  | 0.27 | 12.9  | 92   | 3.68  | 15    | 0.58  | 15.78 | 0.32   | 0.10   | *N/A* |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D | HALF-PINT | 13 | 80      | 4  | 125  | 0.00  | 0.00 | 300.0 | 500  | 2.4   | *N/A* | 9.0   | 12.0  | 0.0    | 0.00   | 0.00  |
|   | HALF PINT | 13 | 120     | 5  | 180  | 0.00  | 0.36 | 300.0 | 500  | 1.2   | *N/A* | 8.0   | 20.0  | 0.0    | 0.00   | 0.00  |
| Weighted Daily Average  |           |    | 707     | 70 | 1032 | *6.90 | 4.07 | 396.1 | 8209 | 30.23 | *15   | 30.36 | 94.55 | 24.66  | 6.52   | *0.00 |
| % of Calories   |           |    |         |    |      |       |      |       |      |       | *8.5% | 17.2% | 53.5% | 31.4%  | 8.3%   | *0.0% |
| Nutrient Guideline  |           |    | 750-850 |    | 1420 |       |      |       |      |       |       | 2.00  |       | <=30.0 | <10.00 |       |

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|   | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)  | Protn (g)      | Carb (g)       | T-Fat (g)      | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|---|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|-------------|----------------|----------------|----------------|--------------|-------------------------|
| Mon - 05/11/2015  |              |           |             |             |           |           |           |            |            |            |             |                |                |                |              |                         |
| Menu H - Lunch 9-12   | Total        | 26        |             |             |           |           |           |            |            |            |             |                |                |                |              |                         |
| MEAT BALLS  | 2 EACH       | 13        | 195         | 67          | 122       | 1.29      | 2.23      | 47.0       | 155        | 3.1        | *N/A*       | 17.04          | 7.9            | 10.26          | 4.22         | *N/A*                   |
| BEEF STROGANOFF   | 4 OZ         | 13        | 310         | 121         | 335       | 1.16      | 4.09      | 57.1       | 268        | 1.9        | *1          | 45.51          | 7.74           | 9.56           | 3.78         | *0.00                   |
| MASHED POTATOES,IDAHO, .5 CUP                                 | .5 cup       | 26        | 64          | 0           | 251       | 0.80      | 0.30      | 17.9       | 84         | 2.88       | *N/A*       | 1.6            | 13.62          | 0.8            | 0.00         | *0.00                   |
| GRAVY, BROWN, CONESTOGA .25cup                                | .25 CUP      | 26        | 16          | 0           | 338       | 0.00      | 0.00      | 1.3        | 0          | 0.0        | *0          | 0.0            | 3.25           | 0.0            | 0.00         | *0.00                   |
| PEAS & CARROTS, FZ BLEND 1/2 C                                | 1/2 CUP      | 26        | 40          | 0           | 67        | 2.41      | 0.30      | 17.6       | 2011       | 4.83       | *N/A*       | 2.41           | 7.24           | 0.0            | 0.00         | *0.00                   |
| MANDARIN ORANGES, 1 cup                                       | 1 CUP        | 1         | 70          | 0           | 10        | *N/A*     | 0.72      | 20.0       | 300        | 21.0       | *N/A*       | 1.0            | 17.0           | 0.0            | 0.00         | 0.00                    |
| ROLLS, WHEAT, DOUGH, 1 EA WG                                  | roll         | 26        | 80          | 0           | 130       | 1.00      | 0.72      | 0.0        | 0          | 0.0        | *N/A*       | 3.0            | 15.0           | 1.0            | 0.00         | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D | HALF-PINT    | 13        | 80          | 4           | 125       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*       | 9.0            | 12.0           | 0.0            | 0.00         | 0.00                    |
|   | HALF PINT    | 13        | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*       | 8.0            | 20.0           | 0.0            | 0.00         | 0.00                    |
| Weighted Daily Average % of Calories                          |              |           | 556         | 98          | 1167      | *5.44     | 4.68      | 389.6      | 2819       | 12.82      | *1<br>*0.5% | 46.83<br>33.7% | 63.59<br>45.8% | 11.71<br>19.0% | 4.00<br>6.5% | *0.00<br>*0.0%          |
| Nutrient Guideline  |              |           | 750-850     |             | 1420      |           |           |            |            |            |             | 2.00           |                | <=30.0         | <10.00       |                         |

|   |             |    |         |      |      |       |       |        |        |        |             |                |                |                |                 |                |
|---|-------------|----|---------|------|------|-------|-------|--------|--------|--------|-------------|----------------|----------------|----------------|-----------------|----------------|
| Tue - 05/12/2015  |             |    |         |      |      |       |       |        |        |        |             |                |                |                |                 |                |
| Menu H - Lunch 9-12   | Total       | 26 |         |      |      |       |       |        |        |        |             |                |                |                |                 |                |
| OVEN FRIED CHICKEN, No flour                                  | SERVINGS    | 13 | 592     | 196  | 180  | 0.10  | 3.22  | 33.6   | 548    | 0.06   | *0          | 54.96          | 0.39           | 37.13          | 9.59            | *0.00          |
| BBQ CHICKEN   | 4 OZ        | 13 | 444     | *140 | 426  | *0.13 | *2.43 | *33.7  | *531   | *1.47  | *14         | 39.64          | 15.4           | 21.9           | *6.18           | *N/A*          |
| COLLARD GREENS: frozen  | .5 Cup      | 26 | 31      | 0    | 43   | 2.38  | 0.95  | 178.5  | 9769   | 22.44  | 0           | 2.52           | 6.04           | 0.35           | 0.05            | *N/A*          |
| MACARONI SALAD  | 1/2 CUP     | 26 | 144     | 6    | 262  | 1.69  | 1.18  | 10.0   | 1330   | 1.0    | *N/A*       | 3.66           | 25.03          | 3.1            | 0.49            | *N/A*          |
| BREADSTICKS, CHEESY GARL IC-2 S                               | Breadsticks | 26 | 160     | 10   | 360  | 1.00  | 1.44  | 100.0  | 100    | 0.0    | *N/A*       | 5.0            | 20.0           | 6.0            | 2.00            | 0.00           |
| PINEAPPLE CHUNKS, CND, CUP                                    | 1 CUP       | 26 | 94      | 0    | 13   | 1.34  | 0.96  | 26.7   | 134    | 12.02  | *N/A*       | 1.34           | 22.71          | 0.0            | 0.00            | 0.00           |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D | HALF-PINT   | 13 | 80      | 4    | 125  | 0.00  | 0.00  | 300.0  | 500    | 2.4    | *N/A*       | 9.0            | 12.0           | 0.0            | 0.00            | 0.00           |
|   | HALF PINT   | 13 | 120     | 5    | 180  | 0.00  | 0.36  | 300.0  | 500    | 1.2    | *N/A*       | 8.0            | 20.0           | 0.0            | 0.00            | 0.00           |
| Weighted Daily Average % of Calories                          |             |    | 1046    | *189 | 1134 | *6.52 | *7.53 | *648.9 | *12372 | *38.03 | *7<br>*2.8% | 68.32<br>26.1% | 97.67<br>37.3% | 38.96<br>33.5% | *10.42<br>*9.0% | *0.00<br>*0.0% |
| Nutrient Guideline  |             |    | 750-850 |      | 1420 |       |       |        |        |        |             | 2.00           |                | <=30.0         | <10.00          |                |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

|                                 | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---------------------------------|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Wed - 05/13/2015                |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Menu H - Lunch 9-12             | Total        | 26        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| TACO CHICKEN SALAD              | TACOS        | 13        | 296         | 83          | 431       | 3.16      | 2.07      | *225.9     | 3851       | 11.59      | *1         | 27.76     | 20.72    | 11.07     | 5.33      | *0.00                   |
| TACO SALAD, 90/10               | SERVINGS     | 13        | 148         | 40          | 332       | 1.23      | *1.81     | 77.7       | 586        | 5.0        | *1         | 16.84     | 4.65     | 7.71      | 2.73      | *0.00                   |
| PINTO BEANS, .5-cup             | .5 CUP       | 26        | 134         | 0           | 15        | 5.98      | 1.99      | 50.3       | 0          | 2.43       | *1         | 8.27      | 24.14    | 0.47      | 0.09      | *N/A*                   |
| TOMATO, DICED RAW, .25 CUP      | .25 CUP      | 26        | 10          | 0           | 3         | 0.68      | 0.15      | 5.7        | 472        | 7.77       | 1          | 0.5       | 2.21     | 0.11      | 0.02      | *N/A*                   |
| SOUR CREAM, GRADE A, 18%, PAST/ | PACKET-1 OZ  | 26        | 60          | 20          | 50        | 0.00      | 0.00      | 40.0       | 200        | 0.0        | *N/A*      | 1.0       | 2.0      | 5.0       | 3.00      | 0.00                    |
| Guacamole, Southwestern,.125oz  | .125 oz      | 26        | 24          | 0           | 57        | 0.47      | 0.00      | 0.0        | 0          | 1.13       | *N/A*      | 0.47      | 1.42     | 2.13      | 0.24      | 0.00                    |
| CRACKER, WHEAT, 7 GRAM          | PACK (2)     | 26        | 70          | 0           | 120       | *N/A*     | *N/A*     | *N/A*      | *N/A*      | *N/A*      | *N/A*      | *N/A*     | 10.0     | 2.0       | 0.00      | *N/A*                   |
| APPLE SLICES-1 Cup              | 1 CUP        | 26        | 48          | 0           | 7         | 1.37      | 1.97      | 0.0        | 0          | 1.64       | *N/A*      | 0.0       | 12.31    | 0.0       | 0.00      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A &  | HALF-PINT    | 13        | 80          | 4           | 125       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
| MILK, FF SKIM,CHOCOLATEVit A/D  | HALF PINT    | 13        | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average          |              |           | 668         | 86          | 785       | *10.70    | *6.23     | *547.8     | *3390      | *23.07     | *3         | *41.04    | 80.76    | 19.11     | 7.37      | *0.00                   |
| % of Calories                   |              |           |             |             |           |           |           |            |            |            | *2.0%      | *24.6%    | 48.4%    | 25.7%     | 9.9%      | *0.0%                   |
| Nutrient Guideline              |              |           | 750-850     |             | 1420      |           |           |            |            |            |            | 2.00      |          | <=30.0    | <10.00    |                         |

|                                |           |    |         |    |      |      |      |       |       |       |        |       |        |        |        |       |
|--------------------------------|-----------|----|---------|----|------|------|------|-------|-------|-------|--------|-------|--------|--------|--------|-------|
| Thu - 05/14/2015               |           |    |         |    |      |      |      |       |       |       |        |       |        |        |        |       |
| Menu H - Lunch 9-12            | Total     | 26 |         |    |      |      |      |       |       |       |        |       |        |        |        |       |
| CORN DOG ON STICK              | 1 EACH    | 13 | 280     | 50 | 570  | 1.00 | 1.80 | 80.0  | 0     | 1.2   | *N/A*  | 10.0  | 32.0   | 14.0   | 4.50   | 0.00  |
| CHICKEN CHUNKS, WG, 5 PIECE    | SERVING-  | 13 | 180     | 20 | 450  | 2.00 | 1.80 | 40.0  | 0     | 0.0   | *N/A*  | 13.0  | 14.0   | 8.0    | 1.50   | 0.00  |
| SWEET POTATO FRIES, 1/2 CUP    | .5 CUP    | 26 | 202     | 0  | 189  | 4.05 | 0.48 | 27.0  | 7563  | 12.14 | *N/A*  | 2.7   | 31.05  | 8.1    | 2.02   | *N/A* |
| CARROTS, BABY, RAW, .5 CUP     | 4-oz      | 26 | 53      | 0  | 67   | 2.67 | 0.00 | 26.7  | 20000 | 8.8   | *N/A*  | 1.33  | 12.0   | 0.0    | 0.00   | 0.00  |
| PEACHES,SLICED, 1 CUP          | 1 CUP     | 26 | 100     | 0  | 20   | 0.00 | 0.00 | 0.0   | 600   | 2.4   | *N/A*  | 0.0   | 24.0   | 0.0    | 0.00   | 0.00  |
| MILK, FAT FREE SKIM, w/VIT A & | HALF-PINT | 13 | 80      | 4  | 125  | 0.00 | 0.00 | 300.0 | 500   | 2.4   | *N/A*  | 9.0   | 12.0   | 0.0    | 0.00   | 0.00  |
| MILK, FF SKIM,CHOCOLATEVit A/D | HALF PINT | 13 | 120     | 5  | 180  | 0.00 | 0.36 | 300.0 | 500   | 1.2   | *N/A*  | 8.0   | 20.0   | 0.0    | 0.00   | 0.00  |
| Weighted Daily Average         |           |    | 686     | 40 | 938  | 8.22 | 2.46 | 413.7 | 28663 | 25.74 | *N/A*  | 24.03 | 106.05 | 19.10  | 5.02   | *0.00 |
| % of Calories                  |           |    |         |    |      |      |      |       |       |       | *N/A%* | 14.0% | 61.9%  | 25.1%  | 6.6%   | *0.0% |
| Nutrient Guideline             |           |    | 750-850 |    | 1420 |      |      |       |       |       |        | 2.00  |        | <=30.0 | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

|   | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g)   | Protn (g)      | Carb (g)        | T-Fat (g)      | S-Fat (g)    | Tr-Fat <sup>1</sup> (g) |
|---|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|--------------|----------------|-----------------|----------------|--------------|-------------------------|
| Fri - 05/15/2015  |              |           |             |             |           |           |           |            |            |            |              |                |                 |                |              |                         |
| Menu H - Lunch 9-12   | Total        | 26        |             |             |           |           |           |            |            |            |              |                |                 |                |              |                         |
| Chile Rellano   | 1 Each       | 13        | 310         | 15          | 270       | 1.00      | 1.80      | 150.0      | 300        | 48.0       | *N/A*        | 7.0            | 20.0            | 23.0           | 5.00         | *N/A*                   |
| BEAN BURRITO  | SERVINGS     | 13        | 288         | 13          | 662       | 4.69      | 3.37      | 306.0      | 801        | 10.09      | *N/A*        | 14.81          | 40.01           | 7.93           | 3.52         | *N/A*                   |
| ENCHILADA SAUCE, RED  | CUPS         | 13        | 317         | 0           | 1791      | 12.14     | 8.70      | 92.6       | 6803       | 12.9       | *2           | 7.15           | 66.59           | 4.25           | 1.21         | *0.00                   |
| SPANISH RICE-BrownRice, 1/4 cup                                 | .25 CUP      | 26        | 126         | 0           | 119       | 1.68      | 0.93      | *22.9      | 329        | 11.8       | *1           | 2.76           | 23.76           | 1.91           | 0.30         | *0.00                   |
| REFRIED BEANS, .5 CUP   | .5 CUP       | 26        | 130         | 0           | 360       | 6.00      | 1.80      | 40.0       | 0          | 0.0        | *N/A*        | 6.0            | 24.0            | 2.0            | 0.50         | 0.00                    |
| LETTUCE & TOMATO, SHRED/DI CE, .25                              | .25 CUP      | 26        | 6           | 0           | 2         | 0.52      | 0.17      | 6.1        | 1211       | 3.55       | 1            | 0.34           | 1.26            | 0.08           | 0.01         | *N/A*                   |
| SOUR CREAM, GRADE A, 18%, PAST/                                 | PACKET-1 OZ  | 26        | 60          | 20          | 50        | 0.00      | 0.00      | 40.0       | 200        | 0.0        | *N/A*        | 1.0            | 2.0             | 5.0            | 3.00         | 0.00                    |
| KIWI-1 CUP  | 1 CUP        | 26        | 110         | 0           | 5         | 5.40      | 0.56      | 61.2       | 157        | 166.86     | 16           | 2.05           | 26.39           | 0.94           | 0.04         | *N/A*                   |
| Guacamole, Southwestern, .125oz                                 | .125 oz      | 26        | 24          | 0           | 57        | 0.47      | 0.00      | 0.0        | 0          | 1.13       | *N/A*        | 0.47           | 1.42            | 2.13           | 0.24         | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D | HALF-PINT    | 13        | 80          | 4           | 125       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*        | 9.0            | 12.0            | 0.0            | 0.00         | 0.00                    |
|   | HALF PINT    | 13        | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*        | 8.0            | 20.0            | 0.0            | 0.00         | 0.00                    |
| Weighted Daily Average % of Calories                            |              |           | 1013        | 38          | 2108      | 22.99     | 10.57     | *744.5     | 6349       | 220.64     | *18<br>*7.2% | 35.61<br>14.1% | 158.13<br>62.4% | 29.64<br>26.3% | 8.95<br>8.0% | *0.00<br>*0.0%          |
| Nutrient Guideline  |              |           | 750-850     |             | 1420      |           |           |            |            |            |              | 2.00           |                 | <=30.0         | <10.00       |                         |

|   |           |    |         |     |      |        |       |        |      |        |             |                  |                   |                |              |                |
|---|-----------|----|---------|-----|------|--------|-------|--------|------|--------|-------------|------------------|-------------------|----------------|--------------|----------------|
| Mon - 05/18/2015  |           |    |         |     |      |        |       |        |      |        |             |                  |                   |                |              |                |
| Menu H - Lunch 9-12   | Total     | 26 |         |     |      |        |       |        |      |        |             |                  |                   |                |              |                |
| CHICKEN FAJITAS w/.5 Veg, 2 M                                   | serving   | 13 | 51      | 1   | 15   | 2.73   | 0.46  | 24.0   | 1344 | *85.18 | *6          | 1.75             | 11.1              | 0.32           | 0.08         | *0.00          |
| BEEF FAJITAS w/ONION/PEPPER                                     | 4 OZ      | 13 | 198     | *83 | 84   | *0.49  | *2.30 | *42.4  | 234  | *14.54 | *1          | *30.11           | *2.04             | 6.91           | 2.42         | *0.06          |
| FIESTA CORN, Spicy - .5 Cup                                     | .5 CUP    | 26 | 112     | 0   | 7    | 5.10   | 1.11  | *14.8  | 232  | 13.59  | *0          | 6.09             | 22.44             | 0.94           | 0.09         | *0.00          |
| PINTO BEANS, .5-cup   | .5 CUP    | 26 | 134     | 0   | 15   | 5.98   | 1.99  | 50.3   | 0    | 2.43   | *1          | 8.27             | 24.14             | 0.47           | 0.09         | *N/A*          |
| SALSA, MED, LaVICTORIA, 1 oz                                    | 1 oz      | 26 | 5       | 0   | 176  | 0.00   | 0.00  | 0.0    | 0    | 6.2    | *N/A*       | 0.0              | 2.07              | 0.0            | 0.00         | 0.00           |
| SOUR CREAM  | 1 TBSP    | 26 | 58      | 15  | 59   | 0.00   | 0.16  | 38.5   | 231  | 0.24   | *0          | 1.83             | 2.05              | 4.98           | 3.02         | *0.00          |
| Guacamole, Southwestern, .125oz                                 | .125 oz   | 26 | 24      | 0   | 57   | 0.47   | 0.00  | 0.0    | 0    | 1.13   | *N/A*       | 0.47             | 1.42              | 2.13           | 0.24         | 0.00           |
| PEARS DICED, CND  | 1 CUP     | 26 | 109     | 0   | 9    | 3.63   | 0.65  | 0.0    | 0    | 2.18   | *N/A*       | 0.0              | 25.4              | 0.0            | 0.00         | 0.00           |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D | HALF-PINT | 13 | 80      | 4   | 125  | 0.00   | 0.00  | 300.0  | 500  | 2.4    | *N/A*       | 9.0              | 12.0              | 0.0            | 0.00         | 0.00           |
|   | HALF PINT | 13 | 120     | 5   | 180  | 0.00   | 0.36  | 300.0  | 500  | 1.2    | *N/A*       | 8.0              | 20.0              | 0.0            | 0.00         | 0.00           |
| Weighted Daily Average % of Calories                            |           |    | 665     | *62 | 525  | *16.79 | *5.47 | *436.8 | 1752 | *77.43 | *4<br>*2.7% | *41.08<br>*24.7% | *100.09<br>*60.2% | 12.13<br>16.4% | 4.69<br>6.3% | *0.03<br>*0.0% |
| Nutrient Guideline  |           |    | 750-850 |     | 1420 |        |       |        |      |        |             | 2.00             |                   | <=30.0         | <10.00       |                |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

|   | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Tue - 05/19/2015  |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Menu H - Lunch 9-12   | Total        | 26        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Ribs, Pork, BBQ, 2 oz.  | 2 OZ         | 13        | 378         | 80          | 612       | *N/A*     | 3.20      | *0.0       | *0         | *0.0       | *N/A*      | 24.27     | 21.93    | 22.57     | 8.39      | *N/A*                   |
| LASAGNA WITH 90-10 GROUND BEEF                                | SERVINGS     | 13        | 542         | 134         | 516       | 2.69      | 5.40      | 298.6      | 1073       | 15.4       | *1         | 51.94     | 27.6     | 26.09     | 10.66     | *0.00                   |
| BROCCOLI: Seasoned  | .5 CUP       | 26        | 26          | 0           | 10        | 2.76      | 0.56      | 30.4       | 930        | 36.89      | 1          | 2.85      | 4.92     | 0.11      | 0.01      | *N/A*                   |
| JICAMA, SLICES,   | .5 CUP       | 26        | 23          | 0           | 3         | 2.00      | 0.36      | 0.0        | 0          | 12.0       | *N/A*      | 0.5       | 5.5      | 0.0       | 0.00      | 0.00                    |
| BREADSTICKS, CHEESY GARLIC-2 S                                | Breadsticks  | 13        | 160         | 10          | 360       | 1.00      | 1.44      | 100.0      | 100        | 0.0        | *N/A*      | 5.0       | 20.0     | 6.0       | 2.00      | 0.00                    |
| PEACHES,SLICED,   | 1 CUP        | 26        | 100         | 0           | 20        | 0.00      | 0.00      | 0.0        | 600        | 2.4        | *N/A*      | 0.0       | 24.0     | 0.0       | 0.00      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D | HALF-PINT    | 13        | 80          | 4           | 125       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
|   | HALF PINT    | 13        | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average  |              |           | 788         | 117         | 929       | *6.60     | 6.12      | *529.7     | *2616      | *60.79     | *2         | 52.46     | 85.19    | 27.44     | 10.54     | *0.00                   |
| % of Calories   |              |           |             |             |           |           |           |            |            |            | *1.0%      | 26.6%     | 43.2%    | 31.3%     | 12.0%     | *0.0%                   |
| Nutrient Guideline  |              |           | 750-850     |             | 1420      |           |           |            |            |            |            | 2.00      |          | <=30.0    | <10.00    |                         |

|   |                |    |         |    |      |       |      |       |       |       |       |       |        |        |        |       |
|---|----------------|----|---------|----|------|-------|------|-------|-------|-------|-------|-------|--------|--------|--------|-------|
| Wed - 05/20/2015  |                |    |         |    |      |       |      |       |       |       |       |       |        |        |        |       |
| Menu H - Lunch 9-12   | Total          | 26 |         |    |      |       |      |       |       |       |       |       |        |        |        |       |
| HAM SALAD (3 OZ HAM)  | SERVING (3 OZ) | 13 | 143     | 38 | 1231 | 0.13  | 0.51 | 5.8   | 22    | 0.49  | *1    | 14.37 | 3.02   | 5.45   | 1.16   | *0.01 |
| FISH SANDWICH ON BUN  | 1 EACH         | 13 | 407     | 20 | 661  | *1.00 | 3.56 | 0.0   | 0     | 2.4   | *N/A* | 20.27 | 51.93  | 13.57  | 2.39   | *N/A* |
| SWEET POTATO FRIES, 1/2 CUP                                   | .5 CUP         | 26 | 202     | 0  | 189  | 4.05  | 0.48 | 27.0  | 7563  | 12.14 | *N/A* | 2.7   | 31.05  | 8.1    | 2.02   | *N/A* |
| SUGAR SNAP PEAS, 1/2 Cup                                      | 1/2 CUP        | 26 | 61      | 0  | 0    | 1.62  | 0.69 | 33.6  | 194   | 8.0   | *0    | 1.56  | 5.51   | 3.39   | 0.47   | *0.00 |
| APRICOT, HALVES, 1 CUP  | 1 CUP          | 26 | 115     | 0  | 67   | 0.00  | 0.00 | 0.0   | 3361  | 2.31  | *N/A* | 0.0   | 26.89  | 0.0    | 0.00   | 0.00  |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D | HALF-PINT      | 13 | 80      | 4  | 125  | 0.00  | 0.00 | 300.0 | 500   | 2.4   | *N/A* | 9.0   | 12.0   | 0.0    | 0.00   | 0.00  |
|   | HALF PINT      | 13 | 120     | 5  | 180  | 0.00  | 0.36 | 300.0 | 500   | 1.2   | *N/A* | 8.0   | 20.0   | 0.0    | 0.00   | 0.00  |
| Weighted Daily Average  |                |    | 754     | 33 | 1355 | *6.24 | 3.38 | 363.5 | 11628 | 25.70 | *0    | 30.08 | 106.92 | 20.99  | 4.26   | *0.00 |
| % of Calories   |                |    |         |    |      |       |      |       |       |       | *0.2% | 16.0% | 56.7%  | 25.1%  | 5.1%   | *0.0% |
| Nutrient Guideline  |                |    | 750-850 |    | 1420 |       |      |       |       |       |       | 2.00  |        | <=30.0 | <10.00 |       |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient  
 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

|   | Portion Size | Reimb Qty | Cals (kcal) | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg) | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|---|--------------|-----------|-------------|-------------|-----------|-----------|-----------|------------|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Thu - 05/21/2015  |              |           |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| Menu H - Lunch 9-12   | Total        | 26        |             |             |           |           |           |            |            |            |            |           |          |           |           |                         |
| PIZZA, 4-CHEESE, SLICE  | SLICE        | 13        | 350         | 25          | 830       | 2.00      | *N/A*     | *N/A*      | *N/A*      | 0.0        | *N/A*      | 17.0      | 44.0     | 12.0      | 6.00      | 0.00                    |
| PIZZA, Pork & Gr. Chili (4ch)                                 | SLICE        | 13        | 417         | 33          | 1178      | 2.50      | *0.18     | *12.0      | *1625      | *71.99     | *N/A*      | 20.5      | 52.48    | 13.5      | 6.50      | *0.00                   |
| CUCUMBER,RAW .5 CUP   | .5 CUP       | 26        | 7           | 0           | 1         | 0.42      | 0.13      | 8.3        | 43         | 1.9        | 1          | 0.35      | 1.29     | 0.1       | 0.01      | *N/A*                   |
| ASPARAGUS SPEARS,GRILLE D-.5c                                 | 1/2 cup      | 26        | 13          | 0           | 3         | *0.00     | 0.24      | 0.0        | 200        | *6.0       | *N/A*      | 1.33      | 2.0      | 0.0       | 0.00      | 0.00                    |
| APPLESAUCE, 1 cup   | 1 CUP        | 26        | 180         | 0           | 30        | 2.00      | 3.60      | 0.0        | 10         | 4.8        | *N/A*      | *N/A*     | 46.0     | 0.0       | 0.00      | 0.00                    |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D | HALF-PINT    | 13        | 80          | 4           | 125       | 0.00      | 0.00      | 300.0      | 500        | 2.4        | *N/A*      | 9.0       | 12.0     | 0.0       | 0.00      | 0.00                    |
|   | HALF PINT    | 13        | 120         | 5           | 180       | 0.00      | 0.36      | 300.0      | 500        | 1.2        | *N/A*      | 8.0       | 20.0     | 0.0       | 0.00      | 0.00                    |
| Weighted Daily Average % of Calories                          |              |           | 684         | 33          | 1191      | *4.67     | *4.24     | *314.3     | *1565      | *50.49     | *1         | *28.93    | 113.52   | 12.85     | 6.26      | *0.00                   |
|   |              |           |             |             |           |           |           |            |            |            | *0.5%      | *16.9%    | 66.4%    | 16.9%     | 8.2%      | *0.0%                   |
| Nutrient Guideline  |              |           | 750-850     |             | 1420      |           |           |            |            |            |            | 2.00      |          | <=30.0    | <10.00    |                         |

|   |               |    |         |     |       |       |       |        |      |        |       |       |        |        |        |       |
|---|---------------|----|---------|-----|-------|-------|-------|--------|------|--------|-------|-------|--------|--------|--------|-------|
| Fri - 05/22/2015  |               |    |         |     |       |       |       |        |      |        |       |       |        |        |        |       |
| Menu H - Lunch 9-12   | Total         | 26 |         |     |       |       |       |        |      |        |       |       |        |        |        |       |
| HAMBURGER ON A BUN  | SERVING       | 13 | 290     | 49  | 255   | 0.88  | 2.86  | 79.1   | 0    | 0.55   | 3     | 17.67 | 21.06  | 14.39  | 5.53   | *N/A* |
| HOT DOG ON A BUN:turkey hot                                   | SERVING       | 13 | 258     | 61  | 979   | *0.00 | 2.48  | 80.1   | 0    | 0.0    | *N/A* | 13.1  | 25.84  | 12.04  | 3.34   | *N/A* |
| CHIPS, BAKED, ORIGINAL, LAY'S,                                | BAG, 1-1/8 oz | 26 | 130     | 0   | 200   | 2.00  | 0.36  | 20.0   | 0    | 2.4    | *N/A* | 2.0   | 26.0   | 2.0    | 0.00   | 0.00  |
| POTATO SALAD-.5 CUP   | .5 CUP        | 26 | 160     | 6   | 301   | 2.57  | 0.88  | 18.9   | 87   | 20.86  | *2    | 2.26  | 22.26  | 7.45   | 1.24   | *0.00 |
| Fruit Medley Salad  | 1/2 CUP       | 26 | 79      | *0  | *30   | *1.69 | *0.30 | *28.2  | *96  | *7.71  | *6    | 1.26  | 14.56  | 2.23   | 0.69   | *0.00 |
| MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D | HALF-PINT     | 13 | 80      | 4   | 125   | 0.00  | 0.00  | 300.0  | 500  | 2.4    | *N/A* | 9.0   | 12.0   | 0.0    | 0.00   | 0.00  |
|   | HALF PINT     | 13 | 120     | 5   | 180   | 0.00  | 0.36  | 300.0  | 500  | 1.2    | *N/A* | 8.0   | 20.0   | 0.0    | 0.00   | 0.00  |
| Weighted Daily Average % of Calories                          |               |    | 743     | *66 | *1300 | *6.70 | *4.39 | *446.7 | *684 | *33.04 | *9    | 29.41 | 102.27 | 24.90  | 6.37   | *0.00 |
|   |               |    |         |     |       |       |       |        |      |        | *5.0% | 15.8% | 55.0%  | 30.1%  | 7.7%   | *0.0% |
| Nutrient Guideline  |               |    | 750-850 |     | 1420  |       |       |        |      |        |       | 2.00  |        | <=30.0 | <10.00 |       |

|                  |  |  |     |     |       |       |       |        |       |        |        |        |        |       |       |       |
|------------------|--|--|-----|-----|-------|-------|-------|--------|-------|--------|--------|--------|--------|-------|-------|-------|
| Weighted Average |  |  | 722 | *63 | *1099 | *9.75 | *4.87 | *467.4 | *6003 | *65.90 | *11    | *35.82 | *99.50 | 20.58 | *6.21 | *0.01 |
|                  |  |  |     |     |       |       |       |        |       |        | *13.4% | *19.8% | *55.1% | 25.6% | *7.7% | *0.0% |

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 \* - denotes combined nutrient totals with either missing or incomplete nutrient data  
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|                            | Portion Size | Reimb Qty | Cals (kcal)   | Cholst (mg) | Sodm (mg) | Fiber (g) | Iron (mg) | Calcm (mg)                             | Vit-A (IU) | Vit-C (mg) | Sugars (g) | Protn (g) | Carb (g) | T-Fat (g) | S-Fat (g) | Tr-Fat <sup>1</sup> (g) |
|----------------------------|--------------|-----------|---------------|-------------|-----------|-----------|-----------|--|------------|------------|------------|-----------|----------|-----------|-----------|-------------------------|
| Nutrient                   | Menu AVG     | % of Cals | Weekly Target | % of Target | Miss Data | Shortfall | Overage   | Error Messages (if any)                |            |            |            |           |          |           |           |                         |
| Calories                   | 722          |           | 750 - 850     | 96%         |           | 28        |           | Correction Required - Calories are Low |            |            |            |           |          |           |           |                         |
| Cholesterol (mg)           | 63           |           |               |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Sodium (mg)                | 1099         |           | 1420          |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Fiber (g)                  | 9.75         |           |               |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Iron (mg)                  | 4.87         |           |               |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Calcium (mg)               | 467.4        |           |               |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Vitamin A (IU)             | 6003         |           |               |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Sugars (g)                 | 11           | 5.95%     |               |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Vitamin C (mg)             | 65.90        |           |               |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Protein (g)                | 35.82        | 19.84%    | 2.00          | 1791%       | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Carbohydrate (g)           | 99.50        | 55.11%    |               |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Total Fat (g)              | 20.58        | 25.65%    | <=30.00%      |             |           |           |           |  |            |            |            |           |          |           |           |                         |
| Saturated Fat (g)          | 6.21         | 7.73%     | <10.00%       |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |
| Trans Fat <sup>1</sup> (g) | 0.01         | 0.01%     |               |             | Missing   |           |           |  |            |            |            |           |          |           |           |                         |

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.