

NMSVH

May 1, 2015 thru May 22, 2015

Base Menu Spreadsheet

Menu G - Lunch K-8

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/01/2015																
Menu G - Lunch K-8	Total	26														
Chimichanga,Beef/Chili/Cheese	Half portion	13	244	27	423	1.26	1.53	155.1	847	4.18	*0	9.67	21.13	12.91	5.26	*0.00
NACHOS W/GROUND BEEF-3oz,90-10	3 OZ	13	92	12	166	0.73	0.54	115.8	323	0.17	*1	6.12	7.59	4.41	1.66	*0.00
PINTO BEANS, .5-cup	.5 CUP	13	134	0	15	5.98	1.99	50.3	0	2.43	*1	8.27	24.14	0.47	0.09	*N/A*
CALABASITAS	1/2 Cup	13	111	9	156	2.67	0.78	94.0	265	18.96	*3	4.83	14.42	4.54	2.27	*N/A*
CRACKER, WHEAT, 7 GRAM	PACK (2)	13	70	0	120	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	10.0	2.0	0.00	*N/A*
PEARS DICED LT SYRUP	.5 CUP	26	80	0	5	2.00	0.36	0.0	0	1.2	*N/A*	0.0	20.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			505	29	597	*7.32	*2.96	*507.6	*1217	*15.87	*3	*22.94	74.64	12.17	4.63	*0.00
% of Calories											*2.3%	*18.2%	59.1%	21.7%	8.3%	*0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

Mon - 05/04/2015																
Menu G - Lunch K-8	Total	26														
Grilled ChickSandwich,W/W,3 oz	SANDWIC	13	118	*0	145	*0.00	*1.08	*15.0	17	*0.0	*N/A*	*3.75	*18.75	3.86	0.42	*0.25
TUNA SALAD SANDWICH	SERVINGS	13	349	32	819	4.56	2.19	21.4	152	1.29	*3	24.36	35.4	14.15	1.27	*0.03
Tomatoes, Cherry, .25 cup	.25 CUP	26	14	0	4	1.00	0.18	5.0	625	9.6	*N/A*	0.5	3.0	0.0	0.00	*N/A*
TATER TOTS,ROUNDS: 1/2 CU P/8ea	1/2 CUP	26	122	0	251	1.52	0.55	0.0	8	2.74	*N/A*	1.52	15.24	6.1	1.52	0.00
KIWI-.5 CUP	.5 CUP	26	55	0	3	2.70	0.28	30.6	78	83.43	8	1.03	13.19	0.47	0.02	*N/A*
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			524	*21	892	*7.50	*2.82	*353.8	1295	*98.22	*10	*25.60	*74.51	15.57	2.39	*0.14
% of Calories											*7.5%	*19.6%	*56.9%	26.8%	4.1%	*0.2%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 05/05/2015																
Menu G - Lunch K-8	Total	26														
GREEN CHILE CHICK ENCH,M-2,1GN	SERVING	13	339	66	951	2.66	0.80	*213.7	805	14.11	*0	18.93	24.38	18.09	7.04	*0.00
TAMALE, PORK	TAMALE	13	360	50	910	3.00	1.80	80.0	1750	6.0	*N/A*	12.0	27.0	23.0	8.00	0.00
LETTUCE & TOMATO, SHRED/DI CE, .25	.25 CUP	13	6	0	2	0.52	0.17	6.1	1211	3.55	1	0.34	1.26	0.08	0.01	*N/A*
SPANISH RICE-BrownRice, 1/2 cup	.5 CUP	26	126	0	119	1.68	0.93	*22.9	329	11.8	*1	2.76	23.76	1.91	0.30	*0.00
Guacamole, Southwestern, .125oz	.125 oz	13	24	0	57	0.47	0.00	0.0	0	1.13	*N/A*	0.47	1.42	2.13	0.24	0.00
SOUR CREAM	1 TBSP	13	58	15	59	0.00	0.16	38.5	231	0.24	*0	1.83	2.05	4.98	3.02	*0.00
REFRIED BEANS, .25 CUP	.25 CUP	26	65	0	180	3.00	0.90	20.0	0	0.0	*N/A*	3.0	12.0	1.0	0.25	0.00
CANTALOUPE, RAW, .5 CUP	.5 CUP	26	27	0	13	0.72	0.17	7.2	2706	29.36	6	0.67	6.53	0.15	0.04	*N/A*
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			712	70	1454	8.73	3.64	*519.3	5534	55.47	*7	31.72	86.34	27.20	9.75	*0.00
% of Calories											*4.0%	17.8%	48.5%	34.4%	12.3%	*0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

Wed - 05/06/2015																
Menu G - Lunch K-8	Total	26														
SPAGHETTI & Meat Sauce WW L OW SOD	1 CUP	13	316	12	220	4.99	*1.55	*34.6	253	5.46	*2	21.63	36.19	8.97	0.70	*0.00
CHICKEN ALFREDO w/ALFREDO BUDS	SERVING	13	2	0	18	0.00	0.00	0.0	100	4.5	*N/A*	*0.0	0.5	0.0	0.00	*0.00
BROCCOLI: Seasoned .5 CUP	.5 CUP	26	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.01	*N/A*
PEAS & CARROTS, FZ BLEND 1/2 C	1/2 CUP	26	40	0	67	2.41	0.30	17.6	2011	4.83	*N/A*	2.41	7.24	0.0	0.00	*0.00
STRAWBERRIES, SWEET, 1/2 CUP	HALF CUP	26	122	0	4	2.42	0.75	14.0	31	52.79	31	0.68	33.05	0.17	0.01	*N/A*
BREADSTICKS, CHEESY GARLIC-1 S	1 STICK	26	80	5	180	0.50	0.72	50.0	50	0.0	*N/A*	2.5	10.0	3.0	1.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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Weighted Daily Average % of Calories			528	16	532	10.59	*3.28	*429.2	3699	101.28	*33 *25.1%	*27.76 *21.0%	89.55 67.9%	7.76 13.2%	1.37 2.3%	*0.00 *0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

Thu - 05/07/2015																
Menu G - Lunch K-8	Total	26														
CHICKEN POPCORN	1 Each	13	250	25	720	2.00	1.08	20.0	*N/A*	*N/A*	*N/A*	16.0	16.0	13.0	2.00	0.00
STEAKFINGERS	4 Pieces	13	359	56	801	0.64	2.23	10.2	65	0.03	*N/A*	17.31	16.27	26.28	9.80	*N/A*
MASHED POTATOES,IDAHO, .25 CUP	.25 cup	26	32	0	126	0.40	0.15	9.0	42	1.44	*N/A*	0.8	6.81	0.4	0.00	*0.00
GRAVY MIX, COUNTRY, .125 CUP	.125 CUP	26	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
GREEN BEANS, 1/4 Cup	.25 Cup	26	8	0	4	0.67	0.12	6.9	67	0.4	*0	0.33	1.33	0.0	0.00	*0.00
BLUEBERRIES,FRZ,UNSWTND,1/2CUP	.5-CUP	26	40	0	1	2.09	0.14	6.2	36	1.94	7	0.33	9.43	0.5	0.04	*N/A*
ROLLS, WHEAT, DOUGH, 1 EA WG	roll	26	80	0	130	1.00	0.72	0.0	0	0.0	*N/A*	3.0	15.0	1.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			585	45	1311	5.48	3.14	337.7	*677	*5.59	*7 *4.5%	29.61 20.2%	67.54 46.1%	22.48 34.6%	6.41 9.9%	*0.00 *0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

Fri - 05/08/2015																
Menu G - Lunch K-8	Total	26														
BEAR BURGER, 80/10, 2 OZ	1 EACH	13	306	64	226	*0.00	2.98	27.6	0	0.0	*N/A*	22.75	25.0	13.1	4.36	*N/A*
HOT DOG ON A BUN:turkey hot	SERVING	13	258	61	979	*0.00	2.48	80.1	0	0.0	*N/A*	13.1	25.84	12.04	3.34	*N/A*
KETCHUP: individual	PC packet	13	6	0	65	0.00	0.00	0.0	100	1.2	*N/A*	0.0	1.0	0.0	0.00	*N/A*
MUSTARD, PC	PC packet	13	3	0	56	0.05	0.09	3.8	0	0.0	*N/A*	0.21	0.29	0.2	0.01	*N/A*
MAYO PC	PC	13	66	6	47	0.01	0.02	1.0	10	0.01	*N/A*	0.11	0.31	7.15	1.10	*N/A*
SWEET POTATO FRIES, 1/2 CUP	.5 CUP	26	202	0	189	4.05	0.48	27.0	7563	12.14	*N/A*	2.7	31.05	8.1	2.02	*N/A*
JICAMA, SLICES, .25 CUP	.25 CUP	26	11	0	1	1.00	0.18	0.0	0	6.0	*N/A*	0.25	2.75	0.0	0.00	0.00
GRAPES,Fresh, .5 cup	.5 CUP	26	31	0	1	0.41	0.13	6.4	46	1.84	7	0.29	7.89	0.16	0.05	*N/A*
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00

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Weighted Daily Average			664	70	1030	*5.49	3.76	389.7	8163	22.39	*7	29.82	83.91	24.50	6.47	*0.00
% of Calories											*4.5%	18.0%	50.5%	33.2%	8.8%	*0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

Mon - 05/11/2015																
Menu G - Lunch K-8	Total	26														
MEAT BALLS	2 EACH	13	195	67	122	1.29	2.23	47.0	155	3.1	*N/A*	17.04	7.9	10.26	4.22	*N/A*
BEEF STROGANOFF	4 OZ	13	310	121	335	1.16	4.09	57.1	268	1.9	*1	45.51	7.74	9.56	3.78	*0.00
MASHED POTATOES, IDAHO, .25 CUP	.25 cup	26	32	0	126	0.40	0.15	9.0	42	1.44	*N/A*	0.8	6.81	0.4	0.00	*0.00
GRAVY, BROWN, CONESTOGA .25cup	.25 CUP	26	16	0	338	0.00	0.00	1.3	0	0.0	*0	0.0	3.25	0.0	0.00	*0.00
PEAS & CARROTS, FZ BLEND 1/2 C	2/3 CUP	26	54	0	89	3.22	0.40	23.4	2682	6.44	*N/A*	3.22	9.66	0.0	0.00	*0.00
MANDARIN ORANGES, .5 cup	.5 CUP	1	70	0	10	*N/A*	0.72	20.0	300	21.0	*N/A*	1.0	17.0	0.0	0.00	0.00
ROLLS, WHEAT, DOUGH, 1 EA WG	roll	26	80	0	130	1.00	0.72	0.0	0	0.0	*N/A*	3.0	15.0	1.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM, CHOCOLATE Vit A/D	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			537	98	1063	*5.84	4.63	386.5	3447	12.99	*1	46.83	59.19	11.31	4.00	*0.00
% of Calories											*0.5%	34.9%	44.1%	19.0%	6.7%	*0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

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Tue - 05/12/2015																
Menu G - Lunch K-8	Total	26														
OVEN FRIED CHICKEN, No flour	SERVINGS	13	592	196	180	0.10	3.22	33.6	548	0.06	*0	54.96	0.39	37.13	9.59	*0.00
BBQ CHICKEN	4 OZ	13	444	*140	426	*0.13	*2.43	*33.7	*531	*1.47	*14	39.64	15.4	21.9	*6.18	*N/A*
COLLARD GREENS: frozen	1 CUP	26	61	0	85	4.76	1.90	357.0	19538	44.88	1	5.05	12.07	0.7	0.10	*N/A*
MACARONI SALAD	1/2 CUP	26	144	6	262	1.69	1.18	10.0	1330	1.0	*N/A*	3.66	25.03	3.1	0.49	*N/A*
BREADSTICKS, CHEESY GARL IC-1 S	1 STICK	26	80	5	180	0.50	0.72	50.0	50	0.0	*N/A*	2.5	10.0	3.0	1.00	0.00
PINEAPPLE CHUNKS, CND,.5 C UP	.5 CUP	26	70	0	10	1.00	0.72	20.0	100	9.0	*N/A*	1.0	17.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			973	*184	993	*8.07	*7.52	*770.7	*22058	*57.45	*8 *3.2%	68.01 27.9%	87.99 36.2%	36.31 33.6%	*9.47 *8.8%	*0.00 *0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

Wed - 05/13/2015																
Menu G - Lunch K-8	Total	26														
TACO CHICKEN SALAD	TACOS	13	296	83	431	3.16	2.07	*225.9	3851	11.59	*1	27.76	20.72	11.07	5.33	*0.00
TACO SALAD, 90/10	SERVINGS	13	148	40	332	1.23	*1.81	77.7	586	5.0	*1	16.84	4.65	7.71	2.73	*0.00
PINTO BEANS, .5-cup	.5 CUP	26	134	0	15	5.98	1.99	50.3	0	2.43	*1	8.27	24.14	0.47	0.09	*N/A*
TOMATO, DICED RAW, .25 CUP	.25 CUP	26	10	0	3	0.68	0.15	5.7	472	7.77	1	0.5	2.21	0.11	0.02	*N/A*
SOUR CREAM, GRADE A, 18%, PAST/	PACKET-1 OZ	26	60	20	50	0.00	0.00	40.0	200	0.0	*N/A*	1.0	2.0	5.0	3.00	0.00
Guacamole, Southwestern,.125oz	.125 oz	26	24	0	57	0.47	0.00	0.0	0	1.13	*N/A*	0.47	1.42	2.13	0.24	0.00
CRACKER, WHEAT, 7 GRAM	PACK (2)	26	70	0	120	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	10.0	2.0	0.00	*N/A*
APPLE SLICES-1/2 CUP	.5 CUP	26	34	0	5	0.96	1.38	0.0	0	1.15	*N/A*	0.0	8.64	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			654	86	783	*10.29	*5.65	*547.8	*3390	*22.58	*3 *2.1%	*41.04 *25.1%	77.09 47.2%	19.11 26.3%	7.37 10.1%	*0.00 *0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 05/14/2015																
Menu G - Lunch K-8	Total	26														
CORN DOG ON STICK	1 EACH	13	280	50	570	1.00	1.80	80.0	0	1.2	*N/A*	10.0	32.0	14.0	4.50	0.00
CHICKEN CHUNKS, WG, 5 PIECE	SERVING-	13	180	20	450	2.00	1.80	40.0	0	0.0	*N/A*	13.0	14.0	8.0	1.50	0.00
SWEET POTATO FRIES, 1/2 CUP	.5 CUP	26	202	0	189	4.05	0.48	27.0	7563	12.14	*N/A*	2.7	31.05	8.1	2.02	*N/A*
CARROTS, BABY, RAW, .25 CUP	2-oz	26	27	0	33	1.33	0.00	13.3	10000	4.4	*N/A*	0.67	6.0	0.0	0.00	0.00
PEACHES,SLICE, P JUICE, .5 cup	.5 CUP	26	42	0	4	*N/A*	0.00	0.0	254	1.02	*N/A*	*N/A*	10.16	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			602	40	889	*6.88	2.46	400.3	18317	19.96	*N/A*	*23.37	86.21	19.10	5.02	*0.00
% of Calories											*N/A%*	*15.5%	57.3%	28.6%	7.5%	*0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

Fri - 05/15/2015																
Menu G - Lunch K-8	Total	26														
Chile Rellano	1 Each	13	310	15	270	1.00	1.80	150.0	300	48.0	*N/A*	7.0	20.0	23.0	5.00	*N/A*
BEAN BURRITO	SERVINGS	13	288	13	662	4.69	3.37	306.0	801	10.09	*N/A*	14.81	40.01	7.93	3.52	*N/A*
ENCHILADA SAUCE, RED	CUPS	13	317	0	1791	12.14	8.70	92.6	6803	12.9	*2	7.15	66.59	4.25	1.21	*0.00
SPANISH RICE-BrownRice, 1/4 cup	.25 CUP	26	126	0	119	1.68	0.93	*22.9	329	11.8	*1	2.76	23.76	1.91	0.30	*0.00
REFRIED BEANS, .5 CUP	.5 CUP	26	130	0	360	6.00	1.80	40.0	0	0.0	*N/A*	6.0	24.0	2.0	0.50	0.00
LETTUCE & TOMATO,SHRED/DI	.25 CUP	26	6	0	2	0.52	0.17	6.1	1211	3.55	1	0.34	1.26	0.08	0.01	*N/A*
CE,.25																
SOUR CREAM, GRADE A, 18%,	PACKET-	26	60	20	50	0.00	0.00	40.0	200	0.0	*N/A*	1.0	2.0	5.0	3.00	0.00
PAST/	1 OZ															
KIWI-.5 CUP	.5 CUP	26	55	0	3	2.70	0.28	30.6	78	83.43	8	1.03	13.19	0.47	0.02	*N/A*
Guacamole, Southwestern,.125oz	.125 oz	26	24	0	57	0.47	0.00	0.0	0	1.13	*N/A*	0.47	1.42	2.13	0.24	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			959	38	2105	20.29	10.29	*713.9	6271	137.21	*10	34.58	144.94	29.17	8.94	*0.00
% of Calories											*4.3%	14.4%	60.5%	27.4%	8.4%	*0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 05/18/2015																
Menu G - Lunch K-8	Total	26														
CHICKEN FAJITAS w/.5 Veg, 2 M	serving	13	51	1	15	2.73	0.46	24.0	1344	*85.18	*6	1.75	11.1	0.32	0.08	*0.00
BEEF FAJITAS w/ONION/PEPPER	4 OZ	13	198	*83	84	*0.49	*2.30	*42.4	234	*14.54	*1	*30.11	*2.04	6.91	2.42	*0.06
FIESTA CORN, Spicy - .5 Cup	.5 CUP	26	112	0	7	5.10	1.11	*14.8	232	13.59	*0	6.09	22.44	0.94	0.09	*0.00
PINTO BEANS, .5-cup	.5 CUP	26	134	0	15	5.98	1.99	50.3	0	2.43	*1	8.27	24.14	0.47	0.09	*N/A*
SALSA, MED, LaVICTORIA, 1 oz	1 oz	26	5	0	176	0.00	0.00	0.0	0	6.2	*N/A*	0.0	2.07	0.0	0.00	0.00
SOUR CREAM	1 TBSP	26	58	15	59	0.00	0.16	38.5	231	0.24	*0	1.83	2.05	4.98	3.02	*0.00
Guacamole, Southwestern,.125oz	.125 oz	26	24	0	57	0.47	0.00	0.0	0	1.13	*N/A*	0.47	1.42	2.13	0.24	0.00
PEARS DICED LT SYRUP	.5 CUP	26	80	0	5	2.00	0.36	0.0	0	1.2	*N/A*	0.0	20.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			637	*62	521	*15.16	*5.18	*436.8	1752	*76.45	*4	*41.08	*94.69	12.13	4.69	*0.03
% of Calories											*2.8%	*25.8%	*59.5%	17.2%	6.6%	*0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

Tue - 05/19/2015																
Menu G - Lunch K-8	Total	26														
Ribs, Pork, BBQ, 2 oz.	2 OZ	13	378	80	612	*N/A*	3.20	*0.0	*0	*0.0	*N/A*	24.27	21.93	22.57	8.39	*N/A*
LASAGNA WITH 90-10 GROUND BEEF	SERVINGS	13	542	134	516	2.69	5.40	298.6	1073	15.4	*1	51.94	27.6	26.09	10.66	*0.00
BROCCOLI: Seasoned .5 CUP	.5 CUP	26	26	0	10	2.76	0.56	30.4	930	36.89	1	2.85	4.92	0.11	0.01	*N/A*
JICAMA, SLICES, .25 CUP	.25 CUP	26	11	0	1	1.00	0.18	0.0	0	6.0	*N/A*	0.25	2.75	0.0	0.00	0.00
BREADSTICKS, CHEESY GARL	1 STICK	13	80	5	180	0.50	0.72	50.0	50	0.0	*N/A*	2.5	10.0	3.0	1.00	0.00
IC-1 S																
PEACHES,SLICE, P JUICE, .5 cup	.5 CUP	26	42	0	4	*N/A*	0.00	0.0	254	1.02	*N/A*	*N/A*	10.16	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			679	114	822	*5.35	5.58	*504.7	*2245	*53.41	*2	*50.96	63.60	25.94	10.04	*0.00
% of Calories											*1.1%	*30.0%	37.5%	34.4%	13.3%	*0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 05/20/2015																
Menu G - Lunch K-8	Total	26														
HAM SALAD (3 OZ HAM)	SERVING (3 OZ)	13	143	38	1231	0.13	0.51	5.8	22	0.49	*1	14.37	3.02	5.45	1.16	*0.01
FISH SANDWICH ON BUN	1 EACH	13	407	20	661	*1.00	3.56	0.0	0	2.4	*N/A*	20.27	51.93	13.57	2.39	*N/A*
SWEET POTATO FRIES, 1/2 CUP	.5 CUP	26	202	0	189	4.05	0.48	27.0	7563	12.14	*N/A*	2.7	31.05	8.1	2.02	*N/A*
SUGAR SNAP PEAS, 1/4 Cup	1/4 CUP	26	46	0	0	0.87	0.42	18.6	119	4.63	*0	0.81	2.89	3.39	0.47	*0.00
APRICOT, HALVES, .5 CUP	.5 CUP	26	58	0	34	0.00	0.00	0.0	1680	1.15	*N/A*	0.0	13.44	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			681	33	1322	*5.49	3.11	348.5	9873	21.17	*0 *0.3%	29.33 17.2%	90.86 53.3%	20.99 27.7%	4.26 5.6%	*0.00 *0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

Thu - 05/21/2015																
Menu G - Lunch K-8	Total	26														
PIZZA, 4-CHEESE, SLICE	SLICE	13	350	25	830	2.00	*N/A*	*N/A*	*N/A*	0.0	*N/A*	17.0	44.0	12.0	6.00	0.00
PIZZA, Pork & Gr. Chili (4ch)	SLICE	13	417	33	1178	2.50	*0.18	*12.0	*1625	*71.99	*N/A*	20.5	52.48	13.5	6.50	*0.00
CUCUMBER,RAW .25CUP	.25 CUP	26	4	0	1	0.21	0.07	4.2	21	0.95	0	0.18	0.64	0.05	0.00	*N/A*
ASPARAGUS SPEARS,GRILLE D-.5c	1/2 cup	26	13	0	3	*0.00	0.24	0.0	200	*6.0	*N/A*	1.33	2.0	0.0	0.00	0.00
APPLESAUCE, .5	.5 CUP	26	90	0	15	1.00	1.80	0.0	5	2.4	*N/A*	*N/A*	23.0	0.0	0.00	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEVit A/D	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average % of Calories			591	33	1175	*3.46	*2.38	*310.2	*1539	*47.14	*0 *0.3%	*28.76 *19.5%	89.88 60.9%	12.80 19.5%	6.25 9.5%	*0.00 *0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 05/22/2015																
Menu G - Lunch K-8	Total	26														
HAMBURGER ON A BUN	SERVING	13	290	49	255	0.88	2.86	79.1	0	0.55	3	17.67	21.06	14.39	5.53	*N/A*
HOT DOG ON A BUN:turkey hot	SERVING	13	258	61	979	*0.00	2.48	80.1	0	0.0	*N/A*	13.1	25.84	12.04	3.34	*N/A*
CHIPS, BAKED, ORIGINAL, LAY'S,	BAG, 1-1/8 oz	26	130	0	200	2.00	0.36	20.0	0	2.4	*N/A*	2.0	26.0	2.0	0.00	0.00
POTATO SALAD-.5 CUP	.5 CUP	26	160	6	301	2.57	0.88	18.9	87	20.86	*2	2.26	22.26	7.45	1.24	*0.00
Fruit Medley Salad	1/2 CUP	26	79	*0	*30	*1.69	*0.30	*28.2	*96	*7.71	*6	1.26	14.56	2.23	0.69	*0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	13	80	4	125	0.00	0.00	300.0	500	2.4	*N/A*	9.0	12.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVit A/D	HALF PINT	13	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			743	*66	*1300	*6.70	*4.39	*446.7	*684	*33.04	*9	29.41	102.27	24.90	6.37	*0.00
% of Calories											*5.0%	15.8%	55.0%	30.1%	7.7%	*0.0%
Nutrient Guideline			600-650		1230									<=30.0	<10.00	

Weighted Average			661	*63	*1049	*8.29	*4.42	*462.7	*5635	*48.76	*7	*35.05	*85.83	20.09	*6.09	*0.01
											*8.9%	*21.2%	*52.0%	27.4%	*8.3%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	661		600 - 650	102%			11	Correction Required - Calories too High
Cholesterol (mg)	63				Missing			
Sodium (mg)	1049		1230		Missing			
Fiber (g)	8.29				Missing			
Iron (mg)	4.42				Missing			
Calcium (mg)	462.7				Missing			
Vitamin A (IU)	5635				Missing			
Sugars (g)	7	3.96%			Missing			
Vitamin C (mg)	48.76				Missing			
Protein (g)	35.05	21.22%			Missing			
Carbohydrate (g)	85.83	51.95%			Missing			
Total Fat (g)	20.09	27.36%	<=30.00%					
Saturated Fat (g)	6.09	8.29%	<10.00%		Missing			
Trans Fat ¹ (g)	0.01	0.02%			Missing			

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