



NMSBVI Lunch Menu for October 2016

Scratch-Made Hot Lunch Option served everyday.

Field Trip Sack Lunch is Turkey Roll Ups or Peanut Butter & Jelly on Whole Wheat.

All Lunches include a side, veggies and fresh fruit.

Rhubarb & Elliott

Monday	Tuesday	Wednesday	Thursday	Friday
3 Fish Sticks w/Ketchup Dip, Rice, Sweet Peas & Carrots, Fruit	4 Broccoli Cheddar Soup, Homemade Banana Bread, Fruit	5	6 Turkey Rolls, Cheese Cubes, Various Veggies, Crackers, Fruit	7 Fall Break
10 Chicken Noodle Soup, Whole Wheat Roll, Fruit	11 Chili Con Carne Pie w/ Frito Chips, Lettuce, Cheese, Fruit	12	13 Panko Crusted Chicken Tenders, Buttery Noodles & Sweet Peas, Fruit	14 Cheese Pizza Various Veggies w/Ranch Dipping Sauce, Fruit
17 Scratch Mac-n-Cheese, Steamed Broccoli & Cauliflower, Fruit	18 Beef Tacos, Sweet Corn, Cheese, Lettuce, Salsa, Fruit(GF)	19	20 Chicken Paella w/Rice, Black Beans & Veggies, Fruit	21 Cheese Pizza Various Veggies w/Ranch Dipping Sauce, Fruit
24 Pesto Penne Pasta w/ Parmesan Cheese, Cherry Tomato Salad Fruit	25 Beef & Broccoli Stir Fry, w/ Rice, Fruit, Fortune Cookie	26	27 Roast Chicken Drumstick, Mashed Potatoes, Steamed Green Beans, Fruit (GF)	28 Cheese Pizza Various Veggies w/Ranch Dipping Sauce, Fruit
31 Spaghetti w/ Meat Sauce Sauce, Steamed Broccoli, Fruit				